



Our Cookbook

A TWINS PROJECT PLAN

Aim

This project aims to provide students with an opportunity to share information about local and traditional recipes with their TWIN School. Sri Lankan students also have the chance to learn the English terms for different ingredients and verbs in a fun way.

After exchanging this project, students can enjoy trying out new recipes or just learn about the traditional ingredients and recipes from other countries.

General Overview

Both TWIN Schools agree to participate in the My Cook Book Project and set a deadline on when the finished cook book will be exchanged.

A group of students from a TWIN School prepare a series of traditional or local recipes. Each student works on one recipe for the cook book.

Each recipe can include:

- Illustrations, photos or magazine cut outs of the different ingredients and finished product
- A list of ingredients – describing ingredients that may be uncommon in your Twin School's country
- Step by step information about how to prepare the dish
- Information about the significance of this dish (festivals or occasions it may be eaten, how often it is eaten...etc).

The recipes and illustrations are collated into a cook book and exchanged with a recipe book created by the TWIN School.

